

YOUR BOERBOEL PUPPY & THEIR SCHEDULE

The puppy's Feeding/Sleeping/Eliminating schedule will be somewhat dictated by your own personal schedule. You do not want to leave food out for the puppy to eat whenever they want during potty training. You want the puppy and his entire body on a set feeding and potty schedule. This is best accomplished by feeding the pup what s/he will eat on set schedule.



Puppies under six months of age should be fed three times daily; after 6 months they may be fed twice daily.

By feeding on a set schedule, the dog will then go to the bathroom on a more set schedule and make housetraining easier and faster.

Make it a habit to give the puppy some quiet time after the meal. No excessive playing for the first hour to an hour and a half before and after eating. This can lead to some **stomach upsets or worse a deadly condition called bloat**. The puppy will usually need to go to the bathroom within 30 minutes after eating but not always. Each puppy will be different, and you will get to know your puppy's schedule.

A puppy's meal schedule must include three measured meals a day, preferably at the same time every day. The best time for your puppy's first meal is around 7 a.m., noontime for lunch, and 5 p.m. for dinner. The last meal should always be around 5 p.m. so that he will have ample time to digest his food and eliminate at least one last time before bedtime. Stick to this schedule until the puppy reaches 6 months, at which point the meal schedule can change to two meals a day (unless your veterinarian suggests otherwise).

The health of our pups is something we take very seriously here at Guardian Boerboels. Your puppy is healthy due to the special care that we provide: a strict vaccination & deworming regiment and **NuVet Plus & NuJoint DS**. As a quality breeder, our highest priority is the health of the dogs we breed. Part of that responsibility includes doing everything possible to assure their wellbeing after they go to a new home. In conjunction with feeding a high-quality dog food we use **NuVet Plus** to fill in the gaps. Giving your new puppy NuVet adds an extra layer of protection, especially during the most critical first year of life. If for any reason you do not choose to continue with NuVet, please be aware that over time, your pet's health will likely begin to suffer.

NuVet Plus is a lifetime preventative supplement, not just something that we like or something that we started. **We use NuVet Plus vitamins & NuJoint DS with all our dogs & puppies here at Guardian Boerboels.**



Go to the NuVet site directly to order <http://www.nuvet.com/91950>. You can also save an additional 15% and assure you never run out of NuVet by choosing the "AutoShip" option at check out! YOU WILL NEED an ORDER CODE: 919590.

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The meals should consist of a healthy and well-balanced diet. **We recommend you continue to feed your puppy – high quality dog food such as Next Level All Life Stages dog food no more than 24% protein & NuVet Plus & NuJoint DS.** Please refrain from feeding a lower quality dog food. Most dog food brands you can buy at the grocery stores contain excessive fillers and sugars rather than high quality protein or nutrients. While these foods can make your dog appear full and satisfied, gain weight (and grow TOO fast) ...they are not giving your dog the nutritional requirements their growing body needs and can cause them to even eat more in an attempt to meet their nutritional needs. Lower quality foods can undoubtedly affect the long-term growth and overall health of your Boerboel puppy as well as cause diarrhea and stomach upset which can also make house training more of a challenge. **Low quality dog food can cause skin issues, allergies, dull coats, itchy skin, ear infections etc.** So, it is best to continue feeding the food we are currently feeding and **NuVet Plus K-9 Immunity System Booster.** If transitioning to new food, please do it **gradually** and do your research.

Make sure to **not overfeed your puppy**, you do not want your puppy to grow too fast because this can affect the strength of their joint and hips - most dogs will eat as much as you give them so follow the recommended feeding guidelines on the back of the dog food bag under the appropriate weight and age of your puppy and stick to that.

NuJoint DS is also highly recommended. It is a natural anti-inflammatory hip and joint therapy, containing the finest pharmaceutical, human quality ingredients including precise percentages of Glucosamine, Chondroitin, Methsulfonmethane (MSM) and Vitamin C. **NuJoint DS** protects healthy joints, rebuilds cartilage, lubricates joints, expands mobility and flexibility, and improves your pet's quality of life.

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In addition, it is best to allow about fifteen minutes to pass after giving the puppy water before you take him outside to eliminate. Of course, you will need to be patient during the learning process and be ready to take him outside again if it appears that he needs to eliminate again.

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Once you have introduced your dog to the crate and s/he has become accustomed to it, you can then start planning out your feeding and potty schedule. It will change as the weeks go by, as your pet learns to become better behaved and less needy and you get used to raising a puppy and the new schedule.

A Basic Schedule for Your Puppy and Crate Training

This is just an example; you have your own life schedule so the exact times can obviously be adjusted.

- **6:30 a.m.** wake up, out of the crate, quick exercise.
- **7:00 a.m.** morning meal, outdoor walking, playtime then back to crate or enclosure
- **10:00 a.m.** outdoor walking, bonding time with owner then back to crate or enclosure
- **12:00 (noon)** midday meal
- **1:00 p.m.** outdoor walking, playtime then back to crate or enclosure
- **5:00 p.m.** evening meal, outdoor walking, playtime
- **7:00 p.m.** short outdoor walk, playtime, then back to crate or enclosure
- **9:00 p.m.** bedtime (in his crate or in your bedroom)

In the first stages of house-training your puppy, it is best to take him outside to eliminate every 1.5 hours. Give him some water to drink about fifteen minutes before taking him outside. As the housetraining progresses, the puppy will be able to last for longer intervals without feeling the need to eliminate.

Right before bedtime, after the puppy has eliminated outside, spend a few minutes playing gently with your puppy – nothing that will get him too excited.

Crate Rules:

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- The most common mistake puppy owners make is to give too much freedom too soon.
 - The crate is your #1 management tool for potty training and for house manners.
 - This tool alone can make or break housetraining success!
 - Never let a crying puppy out of the crate.
 - The puppy should be in the crate unless you are actively playing with her.
- Feed your puppy 3 times per day. Leave food out for 15-30 minutes if they do not eat it all then remove the leftovers and try again next feeding time. Eventually, they will start to eat it all on schedule.
 - Do not leave food out for puppy to eat at will. This just helps you to determine when she will have to go potty.

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The best place to put your puppy's crate or x-pen enclosure during the day is where the most activity is in going on in your home– like the living room, or kitchen so your puppy does not feel isolated at night you can put their crate by your bed to make them feel more secure.

What happens if s/he has an accident?

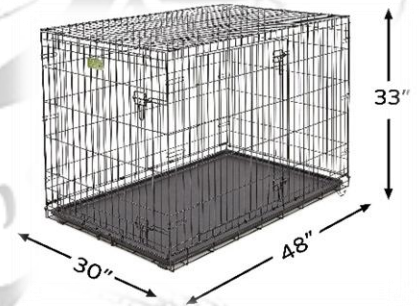
If your puppy has an accident in front of you, scoop her up and take her outside immediately. Praise him/her once she goes outside. If your puppy has an accident behind your back, lift your right hand and give yourself a smack on the cheek! You were not actively playing with him/her! Do not hit your dog under any circumstances. If your puppy has frequent accidents, modify the crating schedule so that s/he has less free time. Use the crate as a management tool to prevent accidents.

How will I know when s/he has to go?

Start watching for cues as to when your puppy has to go potty. Most puppies display sniffing and/or circling behavior before they go potty. Some may bark or whine to let you know they need to go out, but do NOT expect your puppy will do this automatically. Consider training your puppy to ring a bell at the door for potty time (potty bells). This can be done any time after 12 weeks of age and often can save you many accidents!

The Crate

The best crates to train your puppy in are those that have enough room for your pup to fully stand and turn around in and no more. Ideally though they should be large enough to accommodate your dog at full size but allow you to section off the cage to ensure your pup only has access to the space he or she needs as he or she grows. The **Midwest iCrate or Amazon Basics Double Door Folding Metal Crate (48-inch w/divider)** are perfect for this, it comes with an adjustable divider panel allowing you to easily adjust the length of the crate to suit your pup as he or she grows to their full adult size.



Midwest iCrate:

https://www.amazon.com/dp/B000QFWCLY/ref=cm_sw_em_r_mt_dp_BW2PBVE6X98QQP6CBY4P?encoding=UTF8&psc=1

How Long Can Your Dog Be Left in The Crate?

The maximum time that you should schedule your puppy being inside the crate is as follows. At 8–10 weeks you want to get him/her used to being in the crate for up to 60 minutes during the day. Then by 14 weeks up to 3 hours, and then up to 4 hours for the following two weeks and finally up to 5 hours beyond 17 weeks old. So, if you work a full-time job, you have to make sure somebody else will be around to ensure your puppy gets ample time outside of his crate to eat, exercise and relieve themselves.

After your pet is 12 months and becomes an adult dog, they can be crated for up to 8 hours, but this should not be a regular or daily occurrence for their own well-being. The point of a crate is to use it when you need it, traveling and during potty training. I do not believe dogs should be crated every day or all day. So, if you absolutely need to crate your dog just

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ensure someone can come to give your dog a break after 6/8 hours max. Dogs can sleep through the night in the crate for much longer than they can during the day without it affecting their well-being.

Congratulations. You are on your way with a well-trained Boerboel puppy that sleeps well all night.

